

Pressing guide

for promodoro Transfers

Suitable for cotton and cotton blends



Step-by-Step Instructions

- 1 Set the temperature: 145°C**
145°C is the standard setting for cotton and cotton blends. For synthetic fabrics, adjust the temperature accordingly.
- 2 Prepare the fabric**
The textile must be clean, dry and completely smooth. Pre-press the textile briefly beforehand if necessary.
- 3 Position the transfer**
Place the transfer face-down (colour side down) on the textile. Avoid seams and other raised areas, as pressing there is uneven and the transfer won't adhere as well.
- 4 Press at 3.5–5 bar for 10–20 seconds**
Apply even and sufficiently firm pressure. Adjust the duration according to the material thickness.
- 5 Peel off**
Allow the transfer to cool completely. Then peel off the transfer film quickly and evenly.
- 6 Post-press for approx. 5 seconds**
For optimal adhesion, press a second time.



Storing the transfers

Store the transfers in a sealed plastic bag, in a dry, dust-free place at room temperature.



Test print recommended

A test print on a sample textile should be carried out before every production run.



Textile care recommendation

Wash and iron the textile inside out. We recommend a gentle wash cycle.



Not recommended

To ensure the best possible print results, we do not recommend printing on softshell garments or pure polyester.